

SCORE

351. SELF-REALISATION

ASSEMBLE 16 PEOPLE.

DIVIDE INTO TWO GROUPS 8 LEFT AND 8 RIGHT

THE GROUP TO YOUR LEFT BECOME THE NOTE A

ASK THEM TO SING WHEN PROMPTED ANYTHING THAT MAKES THEM FEEL ANGRY IN THE KEY OF A

THE GROUP TO YOUR RIGHT BECOME THE NOTE D

ASK THEM TO SING WHEN PROMPTED ANYTHING THAT MAKES THEM FEEL JOY IN THE KEY OF D

JOIN THEM IN THE CENTRE

INSTRUCT EVERYONE TO SING

AT THE POINT YOU FEEL ANY REACTION

SING ANYTHING YOU WISH IN ANY KEY FOR ANY DURATION

ONLY WHEN YOU STOP MAY THE OTHERS CEASE